

8th Zagreb Karate Cup



ZAGREB, CROATIA
Sports hall Trešnjevka
Saturday,
7th of September 2019.

IN MEMORIAM
NIKOLA PUTNIK
(1953. – 2013.)



- Organizer:** Zagreb Karate Association
- Sports Hall address:** Veprinačka 16, 10000 Zagreb, ŠD Trešnjevka „Kutija šibica“
- Date:** Saturday, 7th of September 2019
- Provisional timetable:** 08:00 – registration
09:00 – KATA competition
KUMITE is starting after the end of KATA competition
- Detailed timetable will be published on Friday 6th of September 2019 at 18.00 o'clock on web sites: www.karate-zg.hr and www.ekarate.eu
- Way to register:** Online registration only at: www.ekarate.eu
- Entry deadline:** Wednesday, 4th of September 2019, or when reaching 800 contestants
- Entry fee:** INDIVIDUAL: 120 Kuna or 15 Euros / TEAM 250 Kuna or 30 Euros
- Payment:** ACCOUNT:
Zagrebački karate savez
Zagreb, Savska cesta 137/3
IBAN: HR5724020061100046999, BIC: ESBCHR22
Mention: "Zagreb Karate Cup" including the name of the Club
Intended payed fees will not be refunded. Please bring the deposit slip to the registration.
- * Entry fees can be paid in the Sports Hall
- Condition:** All competitors must have valid membership card of their federation joined in World Karate Federation. Coaches are responsible for medical certificates and parental consents. Please send exact age and weight of competitors, otherwise they will be disqualified. By submitting application you confirm that competitors have passed their medical exam and are able to compete. The organizer assumes no liability; therefore it is obligatory to take out insurance.
- Protective equipment:** Fist protectors, foot and shin protectors (red/blue), breast protectors for girls and gum shields are mandatory! Jockstraps are allowed. Face mask and body protectors are optional.

KATA COMPETITION

KATE A CATEGORY AND TEAM KATA

U8	(6, 7 years)	CROATIAN RULES	
U10	(8, 9 years)	CROATIAN RULES	+ TEAM KATA
U12	(10, 11 years)	CROATIAN RULES	+ TEAM KATA
U14	(12, 13 years)	WKF RULES	+ TEAM KATA
U16	(14, 15 years)	WKF RULES	
U18	(16, 17 years)	WKF RULES	+ TEAM KATA
U21	(18, 19, 20 years)	WKF RULES	
SENIORI	(18+ years)	WKF RULES	+ TEAM KATA
VETERANS new	(35+ and 50+)	WKF RULES	+ TEAM KATA
PARA KARATE new (persons with mental illness, blind and visually impaired, wheelchairs, unofficial)			

KATE – B CATEGORY (beginners)

U8	(6, 7 years)	* 1
U10	(6, 7, 8, 9 years)	* 1
U12	(10, 11 years)	* 1 – 2
U14	(12, 13 years)	* 1 – 5

* Competitors can choose between Heian, Pinnan or Gekki-sai. Performance in A and B category of the same age is not allowed. Competitors in B category perform kata at the same time and can repeat kata

SPECIAL NOTE FOR KATA ENTRIES:

One category younger contestants may compete in older age category

KUMITE COMPETITION

U10	MALE	(7,8,9 years)	-26,-30,-34,-38,+38	1 minute
U10	FEMALE	(7,8,9 years)	-28,-32,-36,+36	1 minute
U12	MALE	(10,11 years)	-30,-34,-38,-42,-46,+46	1,5 minute
U12	FEMALE	(10,11 years)	-32,-36,-40,-44,+44	1,5 minute
U14	MALE	(12,13 years)	-36,-41,-45,-48,-52,-57,+57	1,5 minute
U14	FEMALE	(12,13 years)	-40,-45,-50,-55,+55	1,5 minute
U16	MALE	(14,15 years)	-52,-57,-63,-70,+70	2 minutes
U16	FEMALE	(14,15 years)	-47,-54,+54	2 minutes
U18	MALE	(16,17 years)	-55,-61,-68,-76,+76	2 minutes
U18	FEMALE	(16,17 years)	-48,-53,-59,+59	2 minutes
U21	MALE	(18,19,20 years)	-60,-67,-75,-84,+84	3 minutes
U21	FEMALE	(18,19,20 years)	-50,-55,-61, -68, +68	3 minutes
SENIORS	MALE	(18+ years)	-60,-67,-75,-84,+84	3 minutes
SENIORS	FEMALE	(18+ years)	-50,-55,-61, -68, +68	3 minutes

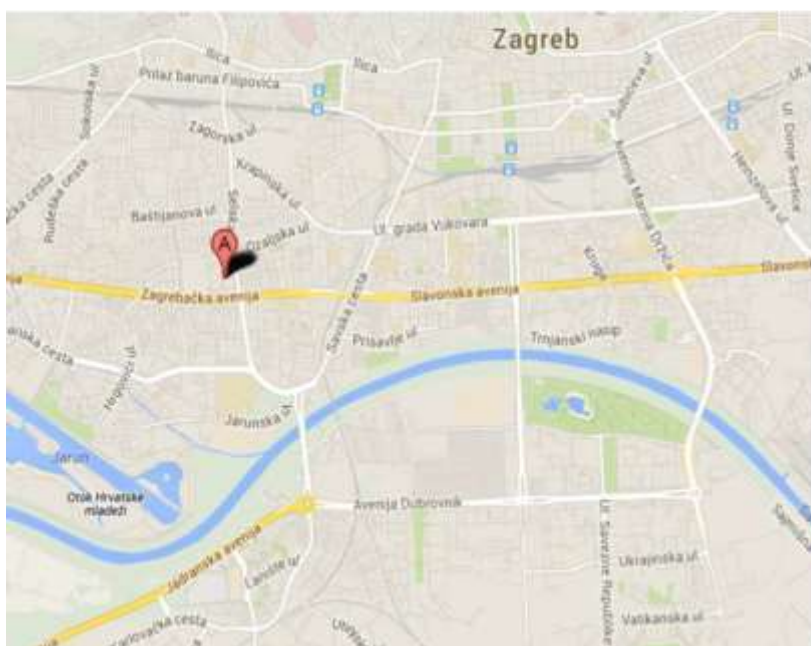
SPECIAL NOTE FOR KATA KUMITE ENTRIES:

One year younger contestants may compete in older age category

Sports Hall Trešnjevka, Veprinačka 16, ZAGREB

SH "Trešnjevka", better known under the name "Matchbox", the total area of 4,916 m² sports facility, a large multi-purpose hall of 1,100 m², capacity of auditorium with stands of approximately 1,000 seats. For the purposes of participants eight locker rooms are secured. The warming-up can be done in the small hall.

Parking: Parking space has been reserved behind the Sports Hall.



ACCOMODATION



HOTEL ANTUNOVIĆ 4****

Distance from Sports hall: 3,5 km
(Approx. 8 minutes' drive / 40 minutes' walk)



HOTEL "I" 3***

Distance from Sports hall: 3,5 km
(Approx. 8 minutes' drive / 40 minutes' walk)



HOTEL PANORAMA 4****

Distance from Sports hall: 2,9 km
(Approx. 5 minutes' drive / 25 minutes' walk)



HOTEL LAGUNA 3***

Distance from Sports hall: 2,5 km
(Approx. 7 minutes' drive / 24 minutes' walk)



HOTEL HOLIDAY 3***

Distance from Sports hall: 6,0 km
(Approx. 9 minutes' drive / 69 minutes' walk)



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8th ZAGREB KARATE CUP

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